

RICE & ENTRÉES

GRILLED HOT PLATE

Choice of grilled protein on a sizzling hot plate, side salad, served with jasmine, brown, or ginger rice 12.95

Chicken | Pork | Beef Ribeye +2

SAUTÉED VEGETABLE

Choice of protein sautéed with fresh vegetables coated in a soy savory sauce served with jasmine, brown, or ginger rice 11.95

Chicken | Beef | Pork | Tofu | Shrimp +2 | Combo +2

CASHEW STIR-FRY

Cashew stir fried with choice of protein, red bell pepper, scallions, chili pepper, hoisin 11.83

Chicken | Tofu | Shrimp +2 | Combo +2

LEMONGRASS PAN-FRIED

Choice of protein, pan-fried with lemongrass, onion, touch of curry served with jasmine, brown, or ginger rice 12.95

Chicken | Beef | Tofu | Shrimp +2 | Combo +2

YELLOW CURRY

Choice of protein, yellow curry, coconut milk, vegetables, chili, served with jasmine, brown, or ginger rice 12.95

Chicken | Beef | Pork | Tofu | Shrimp +2 | Combo +2

SPICY FRIED RICE

Wok-fried rice, chicken, shrimp, sausage, egg, kailan, chili pepper 12.95

PINEAPPLE FRIED RICE

Wok-fried rice, chicken, shrimp, egg, cashew, scallions, served inside a fresh pineapple bowl 12.95

SHAKEN FILET MIGNON

Pan-seared cubes of filet mignon on bed of organic spring mix, cherry tomatoes, choice of jasmine, brown, or ginger rice 17.95

SEARED SALMON

Fillet of salmon, pan-seared, steamed vegetables, ginger rice, served with side of house-made tangy sauce 21.95

SEAFOOD POT

Salmon, shrimp, calamari, mussel, bamboo, in light coconut lemongrass broth, served with choice of rice, jasmine, brown, or rice pilaf 22.95

DESSERTS

COCONUT FLAN

Smooth custard made from organic milk, coconut, cane sugar, topped with fresh berries 6.5

CHOCOLATE TRUFFLE CAKE

Rich chocolate cheesecake topped with chocolate ganache, served with fresh berries 7.5

NON-ALCOHOLIC BEVERAGES

Coca Cola, Diet Coke, Sprite, Dr. Pepper, Minute Maid Lemonade, Barq's Root Beer 2.75

Lemongrass Elixir
8oz 3.5 | 16oz 5
(Lemongrass, Lime, Honey)

Hot Tea, Jasmine or Green 2.75

Thai Iced Tea 3.5

Iced Tea, Black or Green 2.75

Thai Style Iced Coffee 3.5
(Vietnamese Drip Coffee, Agave Nectar, Half & Half)

S. Pellegrino (500 ml) 3

Fiji Water (500 ml) 3

Vietnamese Iced Coffee 3.75
(Shaken with Condensed Milk)

PHO & GRILL SEASIDE



JOIN US FOR HAPPY HOUR!

4PM-6PM

8PM - CLOSE

MONDAY-THURSDAY

11AM-9PM

FRIDAY & SATURDAY

11AM-10PM

SUNDAY

12PM-10PM

LUNCH SPECIALS

WEEKDAYS

11AM-2:30PM

1005 Rosecrans St. #101
San Diego, CA 92106

(619) 487-9844

www.seasidepho.com

FRESH, HONEST & FLAVORFUL FOOD

Menu items are prepared with ingredients such as nuts, dairy, produce, and seafoods that may cause allergic reactions. Please inform your server of any allergies or dietary restrictions when placing your order.

An 18% gratuity will be charged on parties of 8 or more.

ROLLS & STARTERS



POT STICKERS

Chicken & vegetable dumplings, pan-fried, served with a light ginger soy sauce

4 pieces 4.95 | 8 pieces 7.95

CHICKEN SKEWERS

Satay marinated chicken breast skewers served with spicy satay sauce, 2 skewers 6.95

✓ SPRING ROLLS

Choice of protein, noodles, fresh lettuce & herbs in rice paper roll, peanut dipping sauce, 2 rolls 6.95

Shrimp | Veggie & Tofu

PORK & MANGO ROLLS BEEF & PINEAPPLE ROLLS

Rolled in rice paper with fresh lettuce, herbs, cucumber, sweet chili fish dipping sauce, 2 rolls 7.95

GF CRISPY IMPERIAL ROLLS

Chicken, shrimp, bean threads, carrot, rolled in rice paper flash-fried, served with fresh herbs, sweet chili fish sauce, 4 rolls 7.95

GF JUMBO WINGS

Marinated chicken wings, fried, tossed in choice of sauce
Garlic Butter 9.95 | Sweet & Spicy 10.95

SALT & PEPPER CALAMARI

Flash fried, pineapple, toasted garlic, chili aioli 10.95

✓ SEASIDE LETTUCE WRAPS

Choice of protein, sautéed scallion, peanut, fresh butter lettuce cups, sweet chili fish sauce 11.95

☉ Turmeric Fish | Chicken | Tofu

GF COCONUT CURRY MUSSELS

Yellow curry, coconut, fresh lemongrass, Vietnamese baguette 11.95

SOUPS & SALADS

GF CRAB & ASPARAGUS SOUP

Snow crab, asparagus, house-made chicken broth, egg whites, scallion 7.5

GF CHICKEN SALAD

Shredded chicken breast, cabbage, carrot, onion, herbs, peanuts, fried shallots, tossed in vinaigrette dressing 11.95

GF SPICY BEEF SALAD

Organic greens, cherry tomatoes, carrot, cucumber, mint, peanut, tossed in chili lime dressing, topped with grilled ribeye 12.95

GF SHRIMP & CALAMARI SALAD

Grilled shrimp, grilled calamari, red pepper, red onion, cucumber, mint, tossed in house vinaigrette dressing 13.95

BÁNH MÌ (SANDWICHES)

Local, daily baked baguette stuffed with choice of grilled protein, pickled carrot & daikon, cucumber, cilantro, jalapeño, chili aioli, served with a side of salad (substitute sweet potato fries +2)

GRILLED CHICKEN

9.95

GRILLED PORK

9.95

GRILLED BEEF RIBEYE

11.95

Slow simmered beef/chicken bone-broth, rice noodle, choice of topping, served with side of fresh bean sprouts, Thai basil, lime, and jalapeño chilies

RARE FILET MIGNON STEAK

Beef Tenderloin 9.95

CHOICE OF 2 CUTS

Beef Tenderloin, flank, brisket or tendon 10.5

BEEF COMBO

Beef Tenderloin, brisket, flank & tendon 10.95

CHICKEN BREAST

Shredded chicken breast 9.95

✓ VEGGIE & TOFU

Vegetable, tofu, chicken bone-broth or veggie broth 9.95

SEAFOOD

Shrimp, squid, white fish, vegetable, chicken bone-broth 10.95

STAR ANISE BEEF STEW

Braised beef with star anise, spices, carrots, served with choice of rice noodles or baguette 11.95

BEEF MEATBALLS +2 | XL BOWL +1.5 | STEAMED VEGGIES +1

NOODLES

GF VERMICELLI BOWL

Thin rice noodles, choice of grilled protein, crispy imperial roll, lettuce, fresh herbs, cucumber, peanuts, sweet chili fish sauce 11.95

Chicken | Pork | ☉ Tofu

☉ Turmeric Fish +1 | Ribeye +1 | ☉ Shrimp +2

☉ Lemongrass Fillet Mignon +2

✓ GF SINGAPORE STREET NOODLES

Thin vermicelli rice noodles, choice of protein, egg, onion, bell pepper, tossed in light curry sauce 12.95

Shrimp & Chicken Breast
Tofu & Cashew

EGG NOODLES

Savory sauce stir fried with choice of protein, mixed vegetables, on a bed of crispy or pan-fried egg noodles 12.95

Chicken | Beef | Pork | Tofu
Shrimp +2 | Combo +2

GF DRUNKEN NOODLES

Fresh wide rice noodles pan-fried, top with choice of protein stir fried with kailan, carrot, mushroom, and bell pepper 12.95

☉ Chicken | Beef | Pork | ☉ Tofu
☉ Shrimp +2 | ☉ Combo +2

GF PAD THAI

Rice noodles, tossed in choice of protein, tamarind sauce, egg, topped with peanuts, shredded cabbage, bean sprouts, lime 10.95

☉ Chicken | Beef | ☉ Tofu & Veggie
☉ Shrimp +2 | ☉ Combo +2

GARLIC NOODLES

Soft noodles tossed in house special garlic sauce, choice of protein 12.95

Grilled Chicken
Steamed Broccoli
Grilled Shrimp +3

Lunch Special Items: \$9.95 \$10.95 served weekdays from 11AM to 2:30PM.

✓ Item may be served vegetarian upon request.

☉ We do our best to ensure gluten-free. However, please be aware that there may be a chance of food items to come in contact with wheat gluten/proteins during preparation process.